

## GENERAL RULES APPLY TO ALL FACILITIES:

All users must present currently valid ID and people who are not Colgate students or employees must have signed a Liability Release Waiver.

Children under the age of 16 must be directly accompanied/supervised by an adult (18/over) at all times. Such minors must be an active participant with the accompanying adult during the entire activity period.

Access may be restricted at any time [sometimes without prior notice] due to Colgate related needs.

The paid employees of the facility area have ultimate authority relative to the use of that facility. Disregard or disrespect will result in loss of user privileges.

All users are asked to monitor their language so as to eliminate profanity, abusive or repulsive language which others may find offensive.

Food and beverages are not permitted in the facilities.

All facility users are required to have a parking sticker - this may be secured at Campus Safety [315-228-7333].

## TRUDY FITNESS CENTER:

Upon entry all users must present a currently valid ID (Colgate ID or Membership card) or guest pass to the monitor at front desk.

Clean, dry shoes are required for admittance. During inclement weather no outside shoes may be worn inside.

For sanitary reasons, clothing which covers the back, arm pits, shoulders and abdominal area is mandatory.

All users are asked to wipe down equipment after use.

After workout, all equipment used is to be returned to its proper storage location/position.

External music other than that provided by the facility is prohibited.

**Children under 12 not permitted in Fitness Center.** Children 12-16 must be directly supervised by an adult.

## HUNTINGTON GYMNASIUM

Light soled footwear must be worn to assure that marks are not left on playing surface.

Roller blades, bicycles, skate boards etc. are not permitted inside the facility.

Memberships are permitted to use squash and racquetball courts only at specified hours and are **not** permitted to make advance reservations.

## LINEBERRY POOL

Upon entry all users must present a currently valid ID (Colgate ID or Membership card) or guest pass.

All users must shower before entering pool.

Swimming is not permitted unless a life guard is on duty.

Children under the age of 16 must be directly accompanied/supervised by an adult (18/over) at all times. Such minors must be an active participant with the accompanying adult during the entire activity period.

Gum, bandaids and glass of any type are prohibited. Running on deck is prohibited. Floatation devices must be approved by a lifeguard. No swimming under bulkheads.

Life guards have ultimate authority in pool area - disregard for or disrespect shown toward a lifeguard may result in expulsion from pool and jeopardize membership status.

**Facility is reserved for adults only from Noon-1PM Monday - Friday.**

## SANFORD FIELD HOUSE

Facility may only be used during posed Open Rec Hours. Non-varsity sport individuals are not permitted in facility during reserved team practice times. Recreational hours are severely limited from January - March.

All users must carry in a second pair of activity shoes in order to gain admittance during inclement weather. Clean footwear must be changed into prior to entering activity area. Only rubber soled running and/or turf/court shoes are to be worn. Spikes or dark soled shoes that will leave a mark are not permitted.

**Weekday Courts 1 & 2 reserved for Open Rec, Varsity teams will use Courts 3 & 4**

The 12:00-1:00 weekly time slot is reserved exclusively for Colgate employees.